

W/C	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 28/02/11 28/03/11 09/05/11 13/06/11 11/07/11	Pork Sausages Vegetarian Toad in the Hole (v) Champ Mashed Potato Gravy Garden Peas & Fresh Roasted Vegetables Jacket Potato with Baked Beans & Salad Crunchy Fruit Crumble with Custard	Hawaiian Pizza with Jacket Wedges Pasta Neopolitan with Herb Bread (v) Broccoli Florets & Sweet Corn Jacket Potato with Tuna & Salad Oat Cookie with Slices of Fruit	Roast Beef Quorn Roast (v) Yorkshire Pudding Crispy Roast Potatoes Fresh Carrots & Cauliflower Jacket Potato with Tuna & Salad Fruit Shortbread with Vanilla Sauce	Chicken Fajitas with Savoury Rice Cheese & Red Pepper Pastry Whirls with Jacket Wedges (v) Green Beans & Sweet Corn Jacket Potato with Baked Beans & Salad Fruit in Jelly with Ice Cream	Salmon Fish Fingers Lentil Burger (v) Chips Baked Beans & Garden Peas Jacket Potato with Baked Beans & Salad Chocolate & Banana Muffin
Week Two 07/03/11 04/04/11 16/05/11 20/06/11 18/07/11	Chicken & Broccoli Pasta Quorn Hotdog in a Bun with Jacket Wedges (v) Sweet Corn & Green Beans Jacket Potato with Tuna & Salad Wholemeal Chocolate Crunch with Mandarin Oranges	Cod Fish Fingers with Creamed Potatoes Vegetable Curry with Steamed Rice (v) Garden Peas & Cauliflower Jacket Potato with Baked Beans & Salad Bakewell Tart with Custard	Roast Turkey Sage & Onion Stuffing Mediterranean Tart (v) Crispy Roast Potatoes Gravy Fresh Carrots & Broccoli Florets Jacket Potato with Tuna & Salad Apple Flapjack with Vanilla Sauce	Traditional Shepherd's Pie Beany Hot Pot with a Bread Wedge (v) Fresh Roasted Vegetables & Fresh Cabbage Jacket Potato with Tuna & Salad Lemon Drizzle Sponge with Lemon Sauce	Gammon Steak & Pineapple Leek & Cheddar Sausages (v) Chips Baked Beans & Garden Peas Jacket Potato with Baked Beans & Salad Chocolate Surprise Cake with Chocolate Sauce
Week Three 14/03/11 25/04/11 23/05/11 27/06/11	Premium Beef Burger in a Bun with Jacket Wedges Quorn & Vegetable Oriental Stir Fry with Noodles (v) Fresh Carrots & Sweet Corn Jacket Potato with Tuna & Salad Fruity Crispy Bar	Russian Fish Pie with New Potatoes Margherita Pizza with Jacket Wedges (v) Garden Peas & Fresh Roasted Vegetables Jacket Potato with Baked Beans & Salad Berry Chill	Roast Pork & Apple Sauce Quorn Roast (v) Crispy Roast Potatoes Gravy Fresh Carrots & Broccoli Florets Jacket Potato with Tuna & Salad Pineapple Upside Down Cake with Custard	Spaghetti Bolognese Macaroni Cheese (v) Tomato & Herb Bread Wedge Garden Peas & Cauliflower Jacket Potato with Baked Beans & Salad Giant Hobnob Cookie with Fruit Slices	Wholemeal Breadcr Cod Cheese, Leek & Cherry Tomato Tart (v) Chips Baked Beans & Green Beans Jacket Potato with Baked Beans & Salad Banoffee Pudding
Week Four 21/03/11 02/05/11 06/06/11 04/07/11	Chicken & Vegetable Stir Fry with Savoury Rice Quorn & Vegetable Wrap with Salad (v) Fresh Carrots & Garden Peas Jacket Potato with Tuna & Salad Fruit Flapjack	Lamb Moussaka Macaroni Cheese (v) Tomato & Herb Bread Wedge Sweet Corn & Green Beans Jacket Potato with Baked Beans & Salad Sticky Toffee Pudding with Custard	Roast Chicken Sage & Onion Stuffing Lentil Roast (v) Crispy Roast Potatoes Gravy Fresh Carrots & Fresh Cabbage Jacket Potato with Tuna & Salad Banana Split	Italian Meatballs in Tomato Sauce with Pasta Quorn Burger in a Bun with Jacket Wedges (v) Broccoli Florets & Crunchy Light Coleslaw Jacket Potato with Tuna & Salad Summer Fruit Pie with Custard	Cod Fish Fingers with Chips Penne Pasta & Vegetable Bake (v) Garden Peas & Fresh Roasted Vegetables Jacket Potato with Baked Beans & Salad Chocolate & Mandarin Sponge with Chocolate Sauce

The following will be available daily - Cheese as a Jacket Potato filling alternative, Fresh Bread, Salad, Fresh Fruit or Yoghurt, Chilled Water and Cold Milk
(v) Vegetarian Option

Spring and Summer Menu

For more information or to share feedback with us please contact Chartwells on 01435 865310 or visit our very own local East Sussex website:
www.dineatschool.co.uk

Further information is also available on East Sussex County Council's website:
www.eastsussex.gov.uk/schoolmeals

Welcome to our new East Sussex spring and summer menu.

Our new menu now runs on a four weekly cycle taking us through to the end of the summer term. The new menu includes lots of your favourite dishes and offers many additional daily extras such as fresh milk or water with your meal, homemade breads, fresh fruit or yoghurt as an alternative to the published dessert and a daily seasonal salad, all for only £1.95.

We would like to thank all of you who took the time to complete our surveys – we are now collating this feedback and this will inform our future plans, to ensure we are offering you and your children a high quality service.

We now have a brand new school meals website: www.dineatschool.co.uk. Click on the link for East Sussex and you will be able to view our very own homepage. You will find lots of school meals information and details of events that are happening in your schools. The website is updated on a regular basis and we have plans to develop it further. Please use the 'get in touch' link to contact us with any comments and suggestions that you may have.

Chartwells in partnership with East Sussex County Council, consistently work hard to ensure that we offer your children a Government compliant, nutritionally balanced and tasty meal.

